## **HIGH ALTITUDE MARTIAL ARTS**

## YOUTH

	11:00A-12:00P	12:00P-1:00P	4:15P-5:15P	4:30P-5:30P	5:15P-6:15P	5:30P-6:30P	6:30P-7:30P
MONDAY			LIL YETI BJJ (4:30P)		BIG YETI BJJ		
MONDAY			BIG YETI BJJ		YETI ADVANCED BJJ		
TUESDAY				KICKBOXING (5- 8yrs)		KICKBOXING (9- 12YRS)	
				,			
WEDNESDAY			LIL YETI BJJ (4:30P)		BIG YETI BJJ		
MEDICODAT			BIG YETI BJJ		YETI ADVANCED BJJ		
				KICKBOXING (5-		KICKBOXING (9-	
THURSDAY				8YRS)		12YRS)	
			LIL YETI BJJ (4:30P)		BIG YETI BJJ		YETI INTERMEDIATE Bjj
FRIDAY			BIG YETI BJJ		YETI ADVANCED BJJ		
	VETI						
SATURDAY	YETI Advanced (Nogi)	KICKBOXING (YELLOW & UP)					

LIL YETI BJJ	BIG YETI BJJ	YETI INTERMEDIATE BJJ	YETI ADVANCED BJJ	KICKBOXING	
(4-6YRS)	(7-12YRS)	(7-12YRS)	(9-12YRS)	(5-12YRS)	